



INSTRUCTION MANUAL



SYMMETRIKIT
POSTURAL CARE

 a division of The Helping Hand Company

We hope you enjoy your new **PRIMO** Positioning System, this booklet will help you to use, clean & adjust your system.

PRIMO Positioning System has many features including;

- *Comfortable: Baby Soft materials with Temperature Regulation and Pressure Care 'Built In'*
- *Ready to use: Day or Night*
- *Portable: Compact and Light*
- *Easy to Use: No Complex Training*
- *Hygienic: Washable and Wipe Clean Materials*
- *Adaptable: Easy to Use, Adjust and Upgrade*



Symmetrikit Postural Care have been supplying Night Time Positioning Solutions for over 20 years.

PRIMO has been designed to provide a versatile positioning system for Early Years support, to aid Clinicians in prescribing a Positioning System to Families that's easy to use and one which can be used Day or Night.

The PRIMO complies with the following British Standards:

- *Flamability*
- *Breathability**
- *Hardness*
- *Airflow*

*Furniture and Furnishings (Fire Safety) Regulations 2010.
EN597-2, BS1877-8 1974, BS7177, BS6807 & BS4578*

**ALL Primo PU (WIPE DOWN)
PARTS MUST BE USED WITH THE
WHITE SPACER COVERS SUPPLIED**




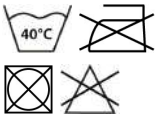
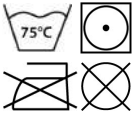

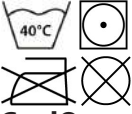
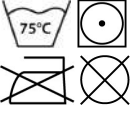
PRIMO parts - customise your **PRIMO** with our range of accessories

	Description / Part code	Size (cm)
	Base Mattress (PR1000GB) Grey PU outer with Airmantle core	109 x 54 x 4
	Velcro sheet (PR2000GB)	107 x 52
	CoolOver sheet (PR3000GB)	119 x 94
	Head Pillow (PR4000GB) Air permeable profiled pillow with CoolOver cover as standard Spare CoolOver cover (PR4000CVGB)	25 x 20
	'D' Wedges (PR4201GB) CoolOver cover (PR4201CVGB)	10 x 8 x 8
	Small Crumb Roll (PR4350GB) CoolOver cover (PR4350CVGB)	30 x 6 x 6
	Small Solid Foam Roll (PR4203GB) CoolOver cover (PR4203CVGB)	30 x 6 x 6
	Large Solid Foam Roll (PR4208GB) CoolOver cover (PR4208CVGB)	80 x 6 x 6
	Small Horseshoe (PR4301GB) CoolOver cover (PR4301CVGB)	37 x 28
	Segmented Horseshoe (PR4100GB) CoolOver cover (PR4100CVGB)	40 x 45 x 6
	Kneecosity (PR4405GB) CoolOver cover (PR4405CVGB)	30 x 6 x 8
	Straps (pair) (PR9000GB)	1.5m
	Straps (pair) (PR9010GB)	2m

To order more **PRIMO** accessories or covers contact Symmetrikit Sales on 01531 635388 or via sales@symmetrikit.com

CLEANING

In order to keep your **PRIMO** looking its best please see the washing and care details below.

<p>Base Mattress</p> 	<p>Wipe clean with a damp cloth and mild detergent. Do not use Bleach or biological cleaners.</p>
<p>Velcro sheet</p> 	<p>Machine wash at 40°C or less with a mild detergent. Do not iron, tumble dry or bleach.</p>
<p>CoolOver sheet</p> 	<p>Machine wash at 75°C or less with mild detergents. Low tumble. Do not Iron or dry clean.</p>
<p>Cushions</p> <p>PU</p>  <p>White Spacer</p>  <p>CoolOver</p> 	<p><i>Including the Head Pillow, D wedges, Crumb & Solid rolls, Horseshoes and Kneecosy:</i></p> <p>Wipe clean with a damp cloth and mild detergent. Do not use Bleach or biological cleaners.</p> <p>Machine wash at 40°C or less with mild detergents. Low tumble. Do not Iron or dry clean.</p> <p>Machine wash at 75°C or less with mild detergents. Low tumble. Do not Iron or dry clean.</p>

SET UP

SAFETY NOTE: Please do not use your PRIMO without guidance from a Qualified Health Professional and agree review dates as advised.

To set your system up:

- 1:** The Velcro sheet is attached by pop studs to the Base Unit.
- 2:** The CoolOver Oversheet is attached by pop studs to the Velcro sheet.



NOTE: The CoolOver Oversheet is larger than the Base Unit and Velcro sheet to allow the supports to be fully applied and covered.

SECURING STRAPS

Should the **PRIMO** system be used in a crib, cot or bed, securing straps are supplied and are available in 1.5m or 2m lengths.



Apply each Velcro end of the strap to the edge of the Velcro sheet and pull through excess webbing strap to secure. The straps may be left in place and unsecured using the magnetic buckle or removed completely by reversing the application process.

SAFETY NOTE: Please ensure excess webbing is tucked safely away under the mattress.



EXAMPLE SET UP - WITHOUT A COOLOVER SHEET



EXAMPLE SET UP - WITH A COOLOVER SHEET

SET UP EXAMPLES

There are many ways the **PRIMO** can be set up to provide postural support and comfort and be adjusted to suit changing needs;



SAFETY NOTE: Please consult with your Qualified Health Professional for confirmation of use.

ACCESSORIES

CoolOver covers are optional for all the cushions and pillows. The Head Pillow comes with a CoolOver cover as standard

Most of the cushions and pillows are designed to be used UNDER the CoolOver top sheet, but the Large Solid Foam Roll, Segmented Horseshoe, Head Pillow and Kneecosity can also be used on TOP of the CoolOver Oversheet depending on individual requirements.



SAFETY NOTE: Once all positioning supports are in place, tuck away excess CoolOver Oversheets under the Base Unit.



Speak to your Qualified Health Professional when you have outgrown your **PRIMO** for details of your next Symmetrisleep Positioning System.



SYMMETRISLEEP: *Neonatal to Adulthood*



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